

## Importance of Qualitative Research for Nursing

The nursing profession is one of the professions that works closely and fully with the human being in all stages of its life, including the process of death, has the great privilege of seeing and taking care of during its birth and in the act of death, to provide care in the different spaces in which human being coexist, such as hospitals, homes, companies, to name a few. This nursing characteristic allows it to have the ability to perform different functions such as teaching, management, care and research.

Research is an activity that has been built step by step, it began to develop from the moment of the profession creation by Florence Nightingale, during the XX century there are a whole series of research conducted by nurses in the quantitative field, however it is at the end of this century and the beginning of the XXI century when it begins to venture into qualitative research.

"Qualitative research is an interdisciplinary, transdisciplinary and sometimes counterdisciplinary field. It crosses the humanities, social sciences and physics. Qualitative research is many things at the same time. It is multi-paradigmatic in its approach. Those who practice them are sensitive to the value of the multimethod approach"<sup>(1)</sup>.

Qualitative research is one of the best companions with which nursing can work, united by the human being, one of the nursing abilities is its capacity to communicate with the human being, regardless of the stage is living, make and apply the qualitative research allows to know its different facets, stages, moments, meanings, emotions to improve the care provided because this type of research has a "Defined tendency, of subjective nature of the phenomena, of knowledge and human being"<sup>(2)</sup>.

Applying this type of research gives greater strength to nursing profession since it has always considered that the human being is unique, allows to know its particularities to provide a holistic care, but above all it gives the opportunity to transform its own being and doing, since qualitative research has different methodologies to approach the object of study, because understands that knowledge is not finished but is built and reconstructed within the complexity of the society which we live in, where man is always in the search of its well-being regardless of whether is healthy or sick, nursing is always there accompanying, guiding and taking care of.

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